Crowds feel like the woods to me I get a little lost in the dark I get a little lost in the dark You're beautiful and loving me But I won't leap into your arms 'Cause I can't soften my heart

'Cause when the tape forms on my lips
The chains wrapped around my heart
And when the chains wrapped around my heart
I started to fight super hard for no reason
Do you ever feel like you're fighting and only
Just breathing? Just breathing

Lay your weapons down
Lay your weapons down
There's nobody around you
I'm your shield and I have found you
Darling you can lay your weapons down
Lay your weapons down
There's nobody around you
I'm your shield and I have found you
Tell me you gon' lay your weapons

## Down

Lay your weapons down
There's nobody around
I'm your shield and I have found you

How, how can you tell me
That's what I've got to do?
It's easier to keep my hands in a fist
Than to face the tears as they're falling
This is what I do
This is how I'll make it through
You cannot convince me otherwise
This is how I live, how I survive

Don't you know I'm gonna die if I do that?
I am never gonna run a lonely crawl
I am never gonna make it through it all
If I don't keep my arms up
If I don't keep my guard up
Don't you tell me one more time
Don't you tell me one more time

Lay your weapons down
Lay your weapons down
There's nobody around
I'm your shield and I have found you
Darling, you can lay your weapons down
Lay your weapons down
There's nobody around
I'm your shield and I have found you
Tell me you gon' lay your weapons

Lay your weapons down
There's nobody around
I'm your shield and I have found you

Listen close, I'll tell you a secret Nothing can hurt you now Nothing can hurt you now Listen close, until you believe it Nothing can touch you now Nothing can touch you now

Nothing can touch you now

Now I've got a new heart of glass But I'm finally safe at last