

Hide The Hurt

Macy Gray

Long sleeves, it's a hundred degrees
But it covers up what is underneath
Sunglasses on but there's no sun outside
You say the reason is 'cuz the light hurts your eyes
And you walked into a door again last night
Funny how that keeps on happening
When they ask about it
You just lie about it

And you hide the hurt
And you hide the pain
When they ask how you're doing
You say you're ok
Wrap the tears in lies
Cover all the scars
And they won't see how broken you are

Keep it in, keep it in
Don't let nothing show
Keep it hid, keep it hid
So, no one will know
Keep it in, keep it in
Hide it away

In school he just keeps to himself
He goes home every day to a home that is hell
Learn not to fight and you learn not to feel
But the bruises inside are the ones that don't heal
And they hit you more the more you ask them why
And you're too ashamed to tell a soul
When they ask about it
You don't talk about it

And you hide the hurt
And you hide the pain
When they ask how you're doing
You say you're ok
Wrap the tears in lies
Cover all the scars
So, they won't see how broken you are

But soon there'll be a day
That will come
When you're gonna say you've had enough
And they will cross that line
For the last time
For the last time

You won't take the hurt
You won't take the pain
And they'll know how you're doing yeah
You'll be ok
There'll be no more lies
When your pride's restored
And you won't hide the truth anymore

Won't keep it in, keep it in (don't let nothing show)

Won't keep it hid, keep it hid (so no one will know)
Won't keep it in, keep it in (hide it away)