

Grind You Down

Machine Head

The ashes chaff between my fingernails
The cigarettes have stained my skin
My lungs are sore from breathing in these chemicals
I thrive inside this life of sin
My bones are rotten to the marrow inside
My veins are coursing only ice
A heart of steel beats inside of my chest
Temptation is my only vice

Grind you down and grind you down
And grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind your body down

I can remember the last time December
The snow that comes falling it washes away
I'll live forever the wings of a feather
Will carry me on to the next victory

The smell of death fills up my nostrils like wine
My eyes have slowly turned to stone
My jackals terrorize the enemy lines
Chewing on their muscle and bone
Exact a pound of flesh to bring some justice
My other generals start to cheer
Cause victory has shined a light upon us
Death is in the rear view mirror

Grind you down and grind you down
And grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind your body down

I can remember the last time December
The snow that comes falling it washes away
I'll live forever the wings of a feather
Will carry us off to the next victory

The burning feeling in my stomach starts to ache
The sweat begins to bead uncertainties awake
My body's holding and it's folding to the floor
Fight back alpha evermore

'Cause something's wrong
Cause for alarm
Authorities are here to harm

Carve your path
Not one step fucking back

Stand your ground
Don't let them grind you down
Say "no more"
Ring out our righteous roar
Stand your ground
Don't let them grind you down

Grind you down and
Grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind you down and grind you down
(Gonna grind you down)
Grind your body down
Grind your body down

I can remember the last time December
The snow that comes falling it washes away
I'll live forever the wings of a feather
Will carry me unto the next victory

Cause something's wrong
It's now cause for our alarm
Carve your path
Not one step fucking back
Stand your ground
Don't let them grind you down