

# Vitamins

Mabel

Sha-la-la-la, ah-ah  
Sha-la-la-la, ah-ah

I don't know what you doin' later, baby, if you made plans  
So grab this opportunity at my body with both hands  
You just need a little bit of me, ooh  
I can help you get a better sleep  
But I ain't gonna tell you what to do, you a grown man  
But if you want me

I'll be your vitamins, five a day  
Ginger and cinnamon, I'll be so good for you  
Have you swimmin' in lovin' waves  
Tell me when you've given in, I'll be so good for you

I'll be good for you  
A little discipline, that'd be so good for you  
I'll be good for you  
(Sha-la-la-la, sha-la-la-la)

You've been workin' late again  
You run your body down, when does it end? (Ah)  
I've been thinkin' we could spend a solo weekend  
You ain't nineteen no more (No more)  
So what you doin' all of this for? (This for)  
But I ain't gonna tell you what to do, you a grown man  
But if you want me

I'll be your vitamins, five a day  
Ginger and cinnamon, I'll be so good for you  
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Tell me when you've given in, I'll be so good for you

I'll be good for you  
A little discipline, that'd be so good for you  
I'll be good for you  
(Sha-la-la-la, sha-la-la-la)

Mm, five a day  
Oh, I'll be so good for you  
Five a day  
I'll be your vitamins  
Yeah  
I'll be your vitamins  
I'll be your vitamins  
I'll be your vitamins  
Sha-la-la-la, ah-ah  
Sha-la-la-la, ah-ah  
Sha-la-la-la, ah-ah