

I'm 23, I kind of hope I live to see 24
I've realised I'm not invincible anymore
And of that, I'm sure

I have been hiking up molehills
And I'm feeling kind of tired so I'm coming down
I have been fussing over nothing
But nothing makes me frown
I'll turn it upside-down

We are much better off than we think we are
And you don't have to look that far to see
That what we have ain't that bad
You survived today, keep the PMA

I'm negative but willing to try anything twice
I have an open mind
I could be a positive guy
A new way of life

I have been fussing over nothing
But nothing makes me frown
I'll turn it upside-down

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We are much better off than we think we are
And you don't have to look
That far to see that what we have ain't that bad
As long as you've got your health
You're doing better than someone else

We are much better off than we think we are
And you don't have to look that far to see
That what we have ain't that bad
You survived today
Keep the blues at bay
Remember every day
Gotta have that PMA