## **Black and White**

## Loudness

All your life full of misery
All your life full of agony
Sick and tired of all your complaints

Miserable situation Letting out your frustration Won't you stop whining in vain

Every life has its ups and downs
Every story has two faces
Can't you have the courage to live another day
Life comes full circle when you've tastes all the pain

Bullshit! Bullshit! Fuck yeah! No pain, no gain

Black and white, your life dark and light Yin and yang - cycles in time Cosmic laws of the universe The wheel keeps on rolling It never stops

Never know what's going to change your life If you are going to win or lose Facing the pains will make you stronger Joy will come around

Don't be scared to lose it all Through the storm stand tall Troubles seem so small, yeah

Life is so short and your days go so fast Never know what's around the corner Where are you going to go?

Bullshit! Bullshit! Fuck yeah! No pain, no gain

Black and white, your life dark and light Yin and yang - cycles in time Cosmic laws of the universe The wheel keeps on rolling It never stops

Keep your life moving
Yeah yeah
Keep your life in balance

Bullshit! Bullshit! Fuck yeah! No pain, no gain

Black and white, your life dark and light Yin and yang - cycles in time Cosmic laws of the universe The wheel keeps on rolling It never stops

Keep your life moving
Yeah yeah
Keep your life in balance

Keep your life moving
Yeah yeah
Even in crisis