

When your head is on the ground
And your heart is on the road
You've gotta live your life
You've gonna smile, don't worry

When your fears are running high
And your thoughts are running low
You've gotta live your life
You've gotta smile, don't worry

When you're rushing day and night
Stop the clock and breathe
You can shake it like a "woooooh!"
And reset the dream

So now pick it up, it's time to shine
Leave everything behind
You've gotta live your life
You've gotta smile, don't worry

So now, it's time lalala
To shine, shalala
To smile, no don't give up, don't give up
So now, it's time lalala
To shine, shalala
To smile
And show me the way you move

Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move
Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move

Only thing you should remember
Is "get what you deserve"
You've gotta live your life
You've gotta smile, don't worry

It doesn't matter who you are
What you've done or gonna do
You've gotta live your life
You've gotta smile, don't worry

So, get up and be proud
Let yourself be free
'Cause you can scream and shout
You're allowed to be alive

Pick it up, it's time to shine
Leave everything behind
You've gotta live your life
You've gotta smile, don't worry

So now, it's time lalala
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And show me the way you move

Shalalalalalalala up
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Show me the way you move
Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move

If you don't, you don't have a smile
Maybe you can take one of mine
Come on in tonight don't be shy
Sing it louder, sing it louder

If you don't, you don't have a smile
Maybe you can take one of mine
Come on in tonight don't be shy
Sing it louder, sing it louder

If you don't, you don't have a smile
Maybe you can take one of mine
Come on in tonight don't be shy
Sing it louder, sing it louder, sing it louder
And show me the way your move

Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move
Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move

Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move
Shalalalalalalala up
Shalalalalalalala down
Shalalalalalalala up
Show me the way you move