In the dark, oh, I can't go to sleep
Been feeling things I didn't know I'd feel
Close my eyes, I'm back there on the beach
Where everything would change where I left a part of me

Grew up in a hurry
Like I had somewhere to be
Just knew I had to run so fast
But it got hard to breathe

Oh-oh-oh
Oh-oh-oh
Now, I know in time
I'll be fine
And everything will be alright

Turn around, I do this on repeat
Words are on my tongue but they just won't come out of me
And I want someone to come and rescue me
I don't know where I'm going
No, I don't know what I need

Grew up in a hurry Always somewhere else to be And I ran so fast, no looking back But it caught up with me

Oh-oh-oh
Oh-oh-oh
Now, I know in time
I'll be fine
And everything will be alright

Oh-oh-oh
Oh-oh-oh
Now, I know in time
Down the line
Everything will be alright

Head beneath the water
But I can see the sun
Tell me it ain't over
The day has not begun
Oh, everything I've wanted
The things I need to know
When the waves are crashing over
Oh, I fear of letting go
Reaching for the surface
Now I can see the shore
The strangest feeling hits me
That I've been here once before

I know in time
I'll be fine
And everything will be alright
Now, I know in time
Down the line

Everything will be alright