I lost everything I had inside a couple years
Lost my faith, I lost my mind, I lost a lot of tears
I spoke up about these problems that I saw outside
People turned they back on me, you would a swore I died
Molested, abused, abandoned, arrested, accused, and stranded
I grew up with all this trauma, it's nothing, forget it happene
d

Ten years later it show up, life is starting to blow up Faith is starting to crumble, these critics starting to mumble Oh my God, I feel dead inside, I feel like suicide Gone too far to turn back, he said, "Boy, you tellin' lies" It's deep inside these trenches of the Devil's lair They say, "How you get up out? ", I just said a prayer

Use all this pain, use all this hurt to grow me If that's what it takes to know what I'm worth Restore me, yeah, yeah
Use all this pain, use all this hurt to grow me If that's what it takes to know what I'm worth Restore me