

# The Manual (Chapter 4)

Lazyboy

The warmest welcome to everybody reading the manual  
The manual gives you the basic information  
About the ingredients and the six step easy to follow guide  
Please pay attention to the useful advice and the helpful tips  
As we lead you through

## Ingredients

You need, a small piece of thick paper as a mouth piece  
The most common is to use the top side  
From a hard top cigarette pack

You need large size rolling papers  
One of the best brands on the market is smoking  
Because their rolling papers are very thin  
And are the perfect size

You need tobacco  
The finest tobacco is hand rolling tobacco  
But a second possibility  
Is to use the tobacco from a normal cigarette

You need, pot, grass, ganja, marijuana  
It has various names  
But they all refer to the following three main types

Weed, weed is the bud from hemp plants  
The effect is usually uplifting and mellow  
Hash, hash is the pressed pollens and resins of the marijuana plant  
You will experience a more relaxed feeling  
And a stronger effect than weed

Skunk, skunk is the artificially grown hemp plant  
And is usually the strongest of the three  
There are different ways to make a joint  
But we have produced this six step easy to follow guide

One, if you have hash you need to heat it and crumble it  
If it's weed, you need to remove the seeds first  
And then crumble it as well

Two, roll the mouth piece  
Fold the end of the paper three times  
And then roll it in to a cylindrical form

Three, take the rolling paper  
And hold it with the gum side on top away from you  
Four, now mix the weed, hash or skunk with the tobacco  
On the rolling paper

A good mix makes the joint burn nice and smooth  
But be careful  
Half a gram is enough to get four people stoned  
If you're beginners

Five, begin rolling  
Place the mouth piece in one end of the rolling paper  
Then start rolling from the middle going outwards

Let your thumbs do the walking  
And try to give support and pressure with your fore fingers

Six, wet the glue and seal the joint  
Now you have a joint  
It's up to you what you want to do with it