

## Note to Self

Last Dinosaurs

God damn, I really can't tell  
Are they all living in a natural hell?  
Oh man, I can't afford  
To waste my time guessing all your thoughts  
I feel sorry for you  
A slave to your own emotional blue  
So tense and over-thought  
You think it gets better but it only gets worse

Stop  
You're in a physical state of lies  
You've got to get up and move your body  
It's the winter but we go outside  
Touch the wind and you'll feel alive

I'm gonna shake you up  
Make you look bad  
Lazy and sad  
No I don't give a fuck  
I'm telling you now  
No one's gonna come and save you

Over again the same old song  
Turns out it was only in your head all along  
Go ahead embrace the change  
Maybe it'll last till the end of this day  
Getting late and you feel it too  
You don't feel comfortable in that suit  
Go home and cut yourself some slack  
Feel sorry for yourself and your spineless back

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