

## Cardio

Larissa Lambert

Got a feeling  
Feeling you could work out all this tension  
Yeah, I need it  
Been going kinda hard, need to release it

Yeah, yeah, wear me down, stretch me out  
Sign me up for more of you, I'm overdue

Baby take your time, slow and steady ride  
We don't gotta run too soon  
Every little touch beats by heartbeat up  
We don't gotta run too soon

We're just warming up (Let's go)  
Get that cardio (You know)  
We're just warming up  
Baby, keep it up

Running low, don't get tired  
Check my form when I ride  
I might just require  
Your hands to get me higher  
Slow it down we ain't competing  
We both come first this evening  
Baby focus on your breathing

Yeah, yeah, wear me down, stretch me out  
Sign me up for more of you, I'm overdue

Baby take your time, slow and steady ride  
We don't gotta run too soon  
Every little touch beats by heartbeat up  
We don't gotta run too soon

(No, no, no)  
We're just warming up (Let's go)  
Get that cardio (You know)  
We're just warming up  
Baby, keep it up  
We're just warming up (Let's go)  
Get that cardio (You know)  
We're just warming up (Oh no)  
Baby, keep it up