

Are you lonely?  
Are you hurting?  
Is your sleep light?  
Are you turning  
To the right ones?  
Are you careful?  
Do you get out?  
Are you fearful?

Those heavy clouds on your brow  
You carry them somehow  
Another mundane Monday  
Try to communicate but  
Doors close  
And everybody knows  
But it's so quiet  
Not felt inspired in a few months  
And you haven't been touched  
It's a hard time  
Where's the lifeline?

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You carry them somehow  
Another mundane Monday  
Try to communicate but  
Tears fall  
On to third day clothes  
And it's so wild  
Like a boat not tied to the shore line  
Tell me where's my mind when I'm not fine

It's like another language  
I need fog lights  
Give me brake lights  
I'm in the rip tide swimming 'gainst my own life  
In the nighttime, I'm fighting for the daylight

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