

ANXIETY PANORAMA

La Dispute

You pray for distance
I never change
Buried it behind the brightness
You plead for distance
I never change
Buried in behind the brightness
Spill like poison in you
My palm against you
Your ever-anxious days
Buried in behind the brightness
Spill like poison in you
And it causes you to shake
The shape of my mistakes
Buried in behind the brightness
Spill like poison in you
My palm against your forehead
Your ever-anxious days

I felt afraid and ashamed
That I felt anything at all
I felt you panicking, your shattering
Your catastrophic fall
And I felt long gone
Already so far gone
Already anxious, you're shaking now
You're breaking down, I failed you all along

My panic grips, your own pain spills that poison in you
I'm pleading for forgiveness
How I failed so many times
Competes now with your own pain
In your ever-anxious mind
You plead to break your chain
Our ever-changing life
To be buried from behind the darkness hides that brightest light
My hand against you
Your ever-anxious mind
Will be buried in behind the poison spills
That panic brings back
Image in my mind
Of that nightstand by your bedside
And the sharp edge you would swing to strike
Would break my hand instead
How you clattered all arrhythmic
On that fixture on the wall
Where I caught you silver cabbage moth
Your powder left still lingers in my palm

I was building landmarks for my errors in your scars
I was in the wrong to start
I was building landmarks for my errors in your scars
I was in the wrong

I felt your pain
I felt my hands shake hard
I felt afraid and ashamed
That I felt anything at all

I felt you panicking, your shattering
Your catastrophic fall
And I felt long gone
I said your name out loud
Already anxious, I broke it all
I'll fix it all, I failed you all along

My hands buried all the bad in you
My hands never get it back
My hands buried all the bad in you
My hands never get it back