

Stand Up

Kyla

Heto at Nanawagan sa lahat ng
Pinanghihinaan na ng kalooban
Huwag matakot lakasan nang madinig
Ang tinig na hindi maririnig kung
Hihinaan ang mikroponong iyong hinahawakan

All the women, born courageous!
Make a change and stand up!
All the men who's not afraid to
Take the fall and stand up!
All the people! Tara na!
Bitawan na ang pangamba
Dilim ay kaya mong labanan
Don't be afraid!
Stand up!

If you are being painfully mistreated
I your feelings ain't right
And invalidated, huwag mong hayaan
Ipaglaban mo!
Simulan ang unang pahina
Ng bagong nobelang laman
Na ikaw na nga ang bidang
Naglalakbay sa laro nitong buhay

Di mo alintana'ng bagyo
Sabay sa ikot ng magulong mundo
Di makakabalakid mga nagdududa
Taas noo buong loob hayaan mo silang malula!

Ooh ohhh wooo ooh
I won't keep you waiting
Ooh ohhh wooo ooh
Oh eto na ano pang hinihintay

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Stand up!
To all the broken-hearted
Stand up!
Let your wounds be healed
Stand up!
Everyone who's hurting
Stand up!
Stand up!

Rise up and let your voice be heard
And never let anyone tell you otherwise
Keep on pushing forward and
Gotta think outside the box
Bring it to light

What you feel right
Change the norms
To different forms
Don't be fuckin' guilty being you
Must've confidence
Drape your soul in truth
Shape your own pursuit
Walk your chosen route
Makakabuti sa yo damay ang paligid mo
Kaya sige lang
Tuloy mo yan
Don't give a damn
No backing down
Mas malakas pag sama sama tayo

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