Empty reasons for my past
Excuses do not hold
I'm struck with my affliction
An inner perfect storm
Why didn't someone warn me
To save me from my self
The pain is self inflicted
The decisions were my own

Now listen to history

There's so much I could say
There's so much that I've learned don't make my mistake
There's no time to delay
Take my hand and learn from my heartache

Take a look into the past see all the things I've tried Looking for a truth inside but only finding pain

See these deep and painful scars, cutting to the bone Do you want to look like me? With a broken, empty life Now listen to history

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There's so much that I've learned don't make my mistake
There's no time to delay
Take my hand and learn from my heartache

Some things you may never understand But knowledge from lessons not your own Can save you from the unknown which may stop your fall

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