```
heres some stoney vibrations for ya.
off the daddy x organic soul record.
featuring the kottonmouth kings.
droppin late summer 2004 suburban noize records
kick back fire it up and enjoy
(i get up)
(i get up)
(i get up)
I get up (i get up)
I get up (i get up)
I get up (i get up)
So down
(I get up)
Even when I'm feelin down (i get up)
Theres no need to get down on ureself
Theres no need for me to scream and yell
So why you always gotta be that dude
you simply look like a fool put ure foot in ure mouth
puttin other people down, that dont make you kool
i keep my feet on the ground
uplift one another thats whut we're talkin about
i say up cause theres no holdin me down
I keep my friends all around
I get up (i get up)
I get up (i get up)
I get up (i get up)
Even when I'm feelin down
So down
(so down)
So down
(so down) x2
u get beat up. spit on.
still we keep movin on
Misunderstood pourin it aint done row
Yeaahhh.we been hating
been raining stuck to a gun
somehow we made it
They just cant silence this song
I get up (i get up)
I get up (i get up)
I get up (i get up)
Even when I'm feelin down
So down
(so down)
(so down) x2
So down
sometimes I struggle.
when feeling down and out
all the time i stand by myself
```

It so hard to realize
tryin to fool myself out
The only thing that you see

when ure cought up in a mix
is television wheres my spliffs. I get up
I get up (i get up)
I get up (i get up)
I get up (i get up)
Even when I'm feelin down
So down
(so down)
so down
(so down) x2

organic soul
daxxy x droppin 2004
suburban noize records