One day it's here and then its gone,
How are you still holding on,
How are you still holding on,
You've felt this way for far too long,
Waiting for a change to come,
You know your not the only one,

And life, passes you by, don't be wasting your time, On your own.

Your always trying to see yourself, Through the eyes of someone else, Through the eyes of someone else, Your shadows say that you need help, You and everybody else, You and everybody else,

And life, passes you by, don't waste your time, On your own. Yeah, life, passes you by, don't be wasting your time, Ohhhhh.

As is all gets bigger,
And you try to figure out,
What it's all about,
And your skin gets thicker,
And you try to figure out,
What it's all about.

Ohhhhhhh

Yeah, life, passes you by, don't waste your time, On your own.

One day it's here and then its gone, How are you still holding on, How are you still holding on.