

No Thanks

Knocked Loose

No handouts
No thanks
No strength to burn my bridges

Sentenced life in hell

I've been ashamed all my life
But I have never felt like this
I put myself in my grave
And the dirt is spilling in
I need answers
To the questions
That I've never had the words to ask
Too embarrassed to ask for help
But too slow to run from my past

Now I'm left with the pain I feel
Sentenced a life in hell

You may see me
I may look different
The stress has weighed on my bones
And I can't fix it

Time has passed
I still feel the same
No handouts
No thanks
No strength to burn my bridges
Down