

## One Beat at a Time

Kim Carnes

No sad songs, no tears for you.  
Don't even have to sleep with the light on,  
'cause I can see all right.

No Coltrane, no midnight blue,  
No glitters of regret,  
No poems, no wine, no cigarettes  
To remind me of you.

I'll take these shoes outside the door  
And take this heartache right up on the floor.  
I'm dancin', twirlin' all by myself.  
Every heartache unwinds  
One beat at a time.

I'm risin' high as the sky.  
I want to trust someone,  
let my hair fall down in the fadin' sun.  
Won't let tonight pass me by.  
I'll take this pain behind the door,  
Take this heartache right out on the floor.

I'm dancin', twirlin' all by myself.  
Every heartache unwinds  
One beat at a time.

I'm dancin', twirlin' all by myself.  
Every heartache unwinds  
One beat at a time.

Every heartache, baby,  
Every heartache.  
Every heartache, baby,  
Every heartache.  
Every heartache unwinds  
One beat at a time.