Extreme nature panic plays anothertune Drastic measures taken round by all Four years - four minutes still turns my insides out I can't help thinking of the cowering families Inside the hatred builds Spit out the contents later So we can - Have a nice day now I had a word with the old man at the gate Recollections, anticipated days The poor old cloth capped man had problems Fitting in pitch fork victories in the next campaign And down his garden path he stopped dead in his tracks I saw the old man's face so sad Extreme nature panic plays anothertune Drastic measures taken round by all Four years - four minutes still turns my insides out I can't help thinking of the cowering families Inside the hatred builds Spit out the contents later So we can - Have a nice day now