

# Help Me Now

Kevin McHale

I got an insecure question  
Do you still love me? (Do you still love me, love me?)  
Like all the time that you spend on your phone  
Are you thinkin' of me? (Are you thinkin' of me?)  
You know I hate to ask, but I just can't help myself  
I hate it even more than you do  
Never know when I will be through, yeah  
I got an insecure question  
You sure you still love me?

But even if you do, I won't believe you  
I'll play out all these little games in my head  
It might be the truth, I still won't believe you  
I'll play back every little thing that you said

Help me now  
I'm getting caught up in 10 feet of water  
Staring at the bottom, yeah  
Help me now  
Sorry I brought up all the shit I thought of  
Please love me tomorrow, yeah

Help me now  
Help me now  
Can, can you help me now?  
Help me now

I'm insecure and defensive  
Tell me what you're thinking  
When you wanna spend some time by yourself  
Tell me, do you miss me?  
And I don't need a pass (Nah)  
'Cause I know I'm acting wrong (Nah)  
I hate myself when the thought comes up  
I know better but not enough, yeah  
I've got an insecure question  
Do you wanna fuck?

Oh, can you help me now?  
I'm getting caught up in 10 feet of water  
Staring at the bottom, yeah  
Help me now  
Sorry I brought up all the shit I thought of  
Please love me tomorrow, yeah

Help me now  
Help me now  
Can you help?

Throw your rope, give me something  
If you don't, then I won't  
Throw your rope, give me something  
If you don't, then I won't

Oh, help me now  
I'm getting caught up in 10 feet of water  
Staring at the bottom, yeah

Help me now  
Sorry I brought up all the shit I thought of  
Please love me tomorrow, yeah

Help me now  
Help me now  
Can, can you help me now?  
Can you help me now?  
Can you help me now?  
Help me now  
Can you help me now?