

Help Me Now

Kevin McHale

I got an insecure question
Do you still love me? (Do you still love me, love me?)
Like all the time that you spend on your phone
Are you thinkin' of me? (Are you thinkin' of me?)
You know I hate to ask, but I just can't help myself
I hate it even more than you do
Never know when I will be through, yeah
I got an insecure question
You sure you still love me?

But even if you do, I won't believe you
I'll play out all these little games in my head
It might be the truth, I still won't believe you
I'll play back every little thing that you said

Help me now
I'm getting caught up in 10 feet of water
Staring at the bottom, yeah
Help me now
Sorry I brought up all the shit I thought of
Please love me tomorrow, yeah

Help me now
Help me now
Can, can you help me now?
Help me now

I'm insecure and defensive
Tell me what you're thinking
When you wanna spend some time by yourself
Tell me, do you miss me?
And I don't need a pass (Nah)
'Cause I know I'm acting wrong (Nah)
I hate myself when the thought comes up
I know better but not enough, yeah
I've got an insecure question
Do you wanna fuck?

Oh, can you help me now?
I'm getting caught up in 10 feet of water
Staring at the bottom, yeah
Help me now
Sorry I brought up all the shit I thought of
Please love me tomorrow, yeah

Help me now
Help me now
Can you help?

Throw your rope, give me something
If you don't, then I won't
Throw your rope, give me something
If you don't, then I won't

Oh, help me now
I'm getting caught up in 10 feet of water
Staring at the bottom, yeah

Help me now
Sorry I brought up all the shit I thought of
Please love me tomorrow, yeah

Help me now
Help me now
Can, can you help me now?
Can you help me now?
Can you help me now?
Help me now
Can you help me now?