[?] from your orbit
The pain unintended
What are intentions?
Just actions unborn
I failed my fair share
Of self-interventions
I said it, I meant it
I went back for more

Father come find me
I'm stuck in my nightmare
Fear and betrayal
Breaking the vow
Feel your life changing
Sleep in the sidecar
Beyond explanation
It's happening now

Yes there were reasons
Nothing's a vacuum
You weren't peaceful
You weren't in love
Nothing excuses
A nature of injury
You took her for granted
You know what you've done

Self-laceration
You've worn out your welcome
I learned what I can from you
I'm putting you down
I can't live backwards
Or undo a single stitch
Be real and do better
That's all there is now

I can't live backwards
I'm sorry for all of it
Be real and do better
That's all there is now
Be real and do better
That's all there is now