

# Insane

Kensington

A seat on the stand  
As you're causing a row  
There to proof again that I am  
Just there in both the wrong time and the wrong place

I plead innocent  
But you're dragging me down  
Down a road where I know I can't  
Get time to raise up my guard for you, can't wait

Till I cave

It's not the words  
Not the fear or the doubt  
Not the lack of heart that takes me out  
It's the knowing that you can't relate  
When you're insane

Scenes of distress  
They follow me around  
Till I lose again and by then  
You might be calm but my head will explode  
I'm out of moves here  
I swallow it down  
Like a poison undefined that  
Enters my veins like a thread that I can't shake

Till I cave

It's not the words  
Not the fear or the doubt  
Not the lack of heart that takes me out  
It's the knowing that you can't relate  
When you're insane

It's not the pain  
Not the bruise or the scar  
Not a lack of love that breaks me down  
It's the knowing that you can't refrain  
Cause you're insane

I know I wait too long  
Before I will break a bond  
I know my body froze  
My greatest loss

It's not the words  
Not the fear or the doubt  
Not the lack of heart that takes me out  
It's the knowing that you can't relate  
When you're insane

It's not the pain  
Not the bruise or the scar  
Not the lack of love that breaks me down  
It's the knowing that you can't refrain  
Cause you're insane