

## Birth Energy

Kenny Loggins

I am opening  
I am opening up

Birth energy, be my teacher  
Birth energy, heal my fears  
Teach me trust, teach me compassion  
Walk me into the darkness and into your light

Birth energy, you are woman  
Birth energy, within the Man  
Ever constant, ever changing  
Let your winds blow, rock me in your storm

Let the bough break  
Let me fall into your arms  
It is you I trust  
When I say I'm trusting Love

I stand among the sisters of the moon  
I am held by the creator of the world  
I am opening, I am unbounded  
I am luminous, I am powerful

I surrender to this power  
Life and newness are continued  
And renewed through me

You are the ocean, I ride upon your waves  
I am opening, I am blown apart by your caress  
I surrender to you, I embrace you

I am ready now to sing the moon  
To be her voice  
I am the singer and life is her song  
I sing creation, I sing joy and pain

Beginning and ending, giving and taking  
Existence, goddess I embrace you  
I am opening, I am opening up