I can't speak and I can't breathe
And no words are comin' out of me
And I can't tell if I'm upside down
Or if I'm just goin' round and round

I trap myself in idioms
With the battles raging in my head
And I can't tell if I'm fallin' in
Or if I'm just climbin' up again

Hey man, yeah, yeah, yeah, yeah, yeah, yeah I'm wide awake man Yeah, yeah, yeah, yeah, yeah I'm wide awake man

I'm so anxious, I packed my head
In a paper bag to quell my nerves
Have I lost all my urgency
Or can I be part of history?

You say I hide in my dreams
So I tell myself don't sleep, don't sleep
Don't sleep, don't sleep, don't sleep
Don't sleep, save all your energy to say

Hey man, yeah, yeah, yeah, yeah, yeah I'm wide awake man Yeah, yeah, yeah, yeah, yeah I'm wide awake man

Hey man, yeah, yeah, yeah, yeah, yeah, yeah
I'm wide awake man
Yeah, yeah, yeah, yeah, yeah
I'm wide awake man

Open, open your up your mind now Open up the sky now Come on and fly now, hey, hey

Open, open your up your mind now Open up wide now Come on let me in now, hey, hey, hey Yeah, yeah, yeah

Open, open and fly now
Come on and try now
Come on and try now, hey, hey, hey
Yeah, yeah, yeah, yeah