

we cannot exist without exposure to adversity
for life itself is spiced by elements of pain
learning how to weather the storm that passes day by day
remaining vigilant as far as mind can see
to begin with, seasons are here for us to watch
sometimes imaginations set us up for troubles
as age flies by we cling to the first importance
regain a footing after all the loss and failures
find a way to ease our pain
life unfolds in a passage of time
bringing forth the sense of hope
here we are, off we go