I know I've been a lot lately, I know I let things get to me Like the other night when I was crying in the restaurant 'Cause I don't know who I'm supposed to be And these thoughts keep creeping up on me Like my life was nothing like what I was promised it was gonna be

You grab my hand and tell me I'm alright Know you think life's just one big place And we're all waiting to arrive

You're not missing anything
You're right where you're meant to be
Don't let it change you
Don't let it change you
'Cause there's no win without a fight
And it's okay to take your time
So, don't let it change you
Don't let it change you

Do you remember how we're used to be?
What the world was like at 23?
Okay, that wasn't long ago but it's crazy, we're so different n ow
'Cause I've been thinking about having kids
'Cause I think we could handle it
But I wouldn't wanna do it if I didin't have you by my side

You grab my hand and tell me I'm alright
And how you think life's just one big place
And we're all waiting to arrive

You're not missing anything
You're right where you're meant to be
Don't let it change you
Don't let it change you
'Cause there's no win without a fight
And it's okay to take your time
So, don't let it change you
Yeah, don't let it change you

Don't let it change you
Don't let it change you
Don't let it change you
No, don't let it change you