## **Kate Miller-Heidke**

## Monster

Now there is no room for doubt you chew it up and spit it out and you even start to think you know what you're about then it comes out of nowhere and it pins you to the floor it's a defeaning roar

And you cannot be sure if it's the monster under your bed or the voices in your head screaming like that 'cause you thought the voices were dead that the monster had left with your old single bed

Now there is no time to waste you're getting older every day but you take another look and you're fifteen again and you're so scared of everyone unless they're uglier than you and you're ashamed of what you're up to

And you cannot be sure if it's the monster under your bed or the voices in your head screaming like that 'cause you thought that the voices were dead that the monster had left with your old single bed

And now it's so far so good so why do I feel no different? give me a reason it's always one step forward and two steps back I can't help it

I obey, I obey, I obey I obey that old monster anyway

Now I think he was your friend once you needed him I guess needed his protection nut now he is your hindrance he is the one who stops you from saying how you feel And cover up what's real

And you cannot be sure if it's the monster under your bed or the voices in your head screaming like that 'cause you thought that the voices were dead that the monster had left with your old single bed

And now it's so far so good So why do I feel no different? Give me a reason It's always one step forward and two steps back I can't help it

I obey that old monster anyway