Man I feel as if every day I've lived I've lived to help me understand The viewpoints of the people who I loved and lost

Who wandered off

The ones I acted badly to who acted bad to me

And all the ones who held my interests close I've learned that it all had to be exactly as it was

For those immersed in the dull fog of years long since grave bound we blaze skunk in the playground you laid down beside me held my hand and asked if yo u could stay round

This was way back before abortions, addictions or breakdowns

With wild eyes, we laughed colour into the concrete of this grey town

And now I make the page drown in all this drunken poetry

I know it's you you know it's me and this was all supposed to be

I know it's you and you know it's me and this was all supposed to be but me the kids I see scoffing their feet at the bus stops

They are the same as us

Sure of their immortality they live to play the dangerous games they trust that they can never part they trust that they can never age $\frac{1}{2}$

They trust this world was made for them and that no body knows the rage they would unleash at those who dare to trespass against the ones they love the most

They do not know that soon enough all love is dreams and ghosts And that the only ones who can hurt us are the ones who care and love us wel 1 so now I watch them from afar cause I'm a grownup now with much to tell Thinking look I don't want to remember or forget I don't want to harbour day s it's just so hard to place the past in context when the past it rules my d arkest days

But I'm illuminated by the sparks that fly when I realise we live the same s tories until we have played every part until we know our reasons and have fo und peace with all of them splintered things I think of you to summer from w hich my endless winter springs and I tell you I know my reasons and I've fou nd peace with all our splintered things but still I think of you, the endles s summer from which my endless winter springs

So to the past then, come to the past let's journey back by making sense of now by making sense of then and I'm sure we can be friends again

I'm just so far from who I was when last we spoke but man I'm still the same girl I'm still a wreckhead with a method to her madness who watched the fla mes curl around us as we burned a burn of fire hearted kids and I make peace with all we did and I forgive and I will give my time to all of you at some stage cause those were fun days before the young aged bunking school just to do nothing right time wrong place and yet some gave their minds to the mad ness and others got caught in a routine all I know is we were blessed to have ever made aquatinece we kicked our cans along the pavement we were the valiant amongst the vacant this is for those who gave my voice it's cadence and pushed me to seek my strength in statements

Patterns everything is balanced by these patterns I have seen them in a way that I relate to my companions look in everything that happens they are patt erns I mean it everything's in stages, cycles, phases and they all have thes e patterns at their bases I'm talking patterns fits of passion waking up wis hing you hadn't took my 23 years just to fathom out that pattern the same si tuation endlessly repeating all the changes are the roles you play and once you start learning all the roles you played you will understand the roles you gave to others

They are patterns in the way we fall for lovers and who we recognise the oth ers who have loved us badly well well either way I've seen the patterns in the past it was enough to blow my mind away

See there's this man I've known for years and still till this day do I know him and I love him very much but it's very hard for me to show him cause bac k then and even now I feel there's something that I owe him and that feeling should be going over time but no it's growing

We were kid mates, making mistakes playing give take big hearts battling the big snakes rattlign their tails look he was like the wind in my sails and I was like the water for his keel it was real

He used to hurt my flesh that his water scars of heat and steel

He used to hurt his flesh just to see if he could feel

To cut a long short he weren't ever really the strong sort

Got into the wrong sport big swigs long snorts

And quarting that spiral he saw attempts to help us spitful

Pretty soon he got so down that he got on the brown and word got around and people did not like the sound

So they told me to stop popping round to see him and I kept disagreeing but soon he was a different being

See he got into stealing, robbing I'd still see him frequent often

Eyes all sobbing freaking out he wouldn't speak about the things that made h im weak cause doubt would stop his throat mid sentence

And yes his face would paint repentance but his actions spoke dependence That's when our friendship became difficult to say the least he played the b east oh well I wondered how we'd ever make our peace that's when we drifted we never argued it just became clear that the parts that I loved so well had slowly disappeared I said 'you look the same but I don't recognise you I'm looking you dead in the fast and I can't find you I don't like the way you a lways talk in a past tense but you can't explain the present until you work out what the past meant

See I'm looking right at you but you ain't present no more and yes you laugh ed the same laugh but it's echo is flawed now when we talk I feel like I'm w alking on the edge of a sword and I've tried to forget about the past I just remember it more

And yes I'm here for you whatever the score but it don't really feel like yo u're my friend anymore the more we talk about it though the wider the space them days are gone when we were 13 dividing our apes making promises would a lways relate I tell you straight I'm well versed in a chapters of lies I kno w this honesty it's not how much or what you're using that even bothers me i t's the fact that you feel you have to lie about it that really worries me Cause you might well be my oldest friend we were at our closest when the day s we yearn like our hearts heads and handprints standing on the grand cliff of reckoning that we could never grow either old or apart but that was then and we might never be a team again

But I remember backies on your bike we were teens and then $% \left(1\right) =\left(1\right) \left(1\right)$

I remember had another day we linked up and had nothing to say

Fuck it bruf I miss you I just wish it weren't an issue but you look the sam e mate and I don't recognise you I'm looking you dead in your face and I can 't find you I don't like the way you're always talking in a past tense I got so much shit to say but when I see you I just can't vent I don't like the w ay we always talk in a past tense but you can't explain the present until yo u work out where the past went

The past went to the patterns I mean it everything is balanced by these patt erns I have seen them in a way that I relate to my companions look in everyt hing that happens they are patterns everything's in stages, cycles, phases a nd they all have these patterns at their bases I'm talking patterns fits of passion waking up wishing you hadn't took my 24 years just to fathom out that pattern the same situations endlessly occurring all the changes are the roles you play and once you start learning all the roles you played you will understand the roles you gave to others they are patterns in the way we fall for lovers and who we recognise the others who have loved us badly well well either way I've seen the patterns in the past it was enough to blow my mind away

And then I looked at you, with the same look that was looked at me before an d then I saw that I had become the same one who back then turned my heart so raw and I was turning yours $\frac{1}{2}$

You were innocent and unaware of my displeasure you moved towards me like yo u thought for being closer together physically you could bring my heart back round to being brimfull with your features you didn't know my heart was bri mfull with someone else's so from beloved to loved one the other is always so vibrant the violence of holding it in the silence of skin against skin elicitly kissing and slipping through hithered encounters while you bake them pies you clutch me too tight and you wept in the morning and I'm so sorry but the patterns will be until they are no more an adorning of truth the floor spins my sickness is swelling there ain't no telling my cerebellum mate it does what it wants at the cost of my health but I meant what I said there could be no one else too little too late on the patterns emerged and spelt destiny

This was the legacy left to me

Mismatched staggered affections you see you either love em too much or you d on't love em enough and you were the same

Are they embers or flame?

Our calls going cold and the great are maintain that the point of it all is to check for it next time so know your own nature see your own weakness no m ore of this bleakness this indiscrit sweetness my heart still belongs to the one who completes it there are oceans between us as the patterns to Mars the patterns advance and they shattered our carment of frenzy so now I miss yo u but it's pointless cause your gone and if you miss me it's pointless cause you're gone you'll be wondering I keep you inside I don't mean to but do to night for sleep my dreams will be of you I keep you inside I don't mean to but do tonight for sleep my dreams will be of you I keep you inside I don't mean to but do and tonight I won't sleep at all no tonight I will shuffle my feet mate and I'll stare at these walls while the ugliness creeeps from my c ore cause I'm stained and I can't keep my mouth from making the shape of you r name I'm shaking and strange and I'm thinking of you and I'm sat at a pub now and I'm drinking for two and I blink in the new light of night and I'm s inking the truth and a few pints and I want to see you

Naked stretched out smoking before speaking the way that you do

But these are the patterns that when I must be patient these are the commons bounds between us and the ancients we went from cheated onto cheater from beaten onto beater but then we broke the cycle and didn't want to be neither I've been the flirter and the flirted at I hurt them all they hurt me back I 've been the speaker of the curses and the viessel that the words attack and I say who isn't in love with you

It seems we're all under your spell

Young and older we as hungry as hell for you to hold us and love us as well as we know you can I really like holding your hand

So I find myself here as mad for you as once they was for me it's sad but tr ue that there is always a lover and a beloved there is always another to nor uish and courage and so with a flourish the cycle's completed retracing the loop until it's defeated and I will leave it up to the winds of time because I know you and I are of the same kind I will leave it up to the winds of time because I know you and I are both the same kind I will leave it up to the winds of time but I just can't drink you off my mind it's weird

Since the first moment I touched you, I touched you so purely that all of me touched you you're kinda someone I look down at and up to but I met you to love you so let me just love you

The patterns will teach me to trust you

The patterns will teach me to trust me

The patterns will kill of the hands that clutch me

These hands of dishonesty there's clouds in the prophecy

Obscure in the memories of days not lived yet

Quick let's skip town walk along the sea front on a grey day

100 miles an hour on the motorway

Broken window loads to say it all got blown away

So let's get wet in the rain

Let's begin the regret forget the pain

Cause now we're kissing the world into focus and when you look out of them s hining eyes I can't I don't notice you're fragile just like me

We ain't as strong as we think we are that's not to say it's an act What I'm saying is I write poems for you all day long that you will never re ad but what I lack in discreaton I make up in passion
Me I live at the mercy of patterns

See Oscar Wylde once wrote and when I read this I believed this 'The only way to get rid of a temptation is to yield to it'

That's why I yield to the patterns cause I know that everything is balanced in these patterns I have seen them in a ways that I relate to my companions finding everything that happens they are patterns everything's in phases, cy cles stages and they all have these patterns at their bases I mean it patter ns fits of passion waking up wishing you hadn't took my 25 years just to fat hom out that pattern and the same situation endlessly occurring all the chan ges are the roles you play and once you start learning all the roles you play yed you will understand all the roles you gave to others

They are patterns in the way we fall for lovers and who we recognise the oth ers who have loved you badly well well either way I've seen the patterns in the past it was enough to blow my mind away