

Up's & Downs

K.A.A.N.

You ever wonder who you are?
No more than a human being
If anything's possible why we stuck in this living hell?
Why cops killing niggas and then remain free?
Administrative paid leave to help relieve the stress
Leave the bereaved to bleed and starve there to defend themselves
Desensitize our minds
Normalize the savagery so we become accustomed to it
Useless all this falls on deaf ears
I pray it never does
Hopeless trying to find the light
Hopefully this sounding right
Singing like I'm Donnie Hathaway
Half the way out the window
Falling, playing K-Dot and J-Rock
Talking about money trees
Woe is me
Hope I see brighter pallets
Colors and poetry
Master composer, he held his own like he was supposed to
See, you ever wonder why there's have's and have-not's?
While the have's have what the have-not's need
The hunger pain inside your stomach like you ain't ate in weeks
You feel it deep inside your soul, it makes you mentally weak
Enough to drive a man crazy, change his mentality
'Cause ain't nobody trying to starve with a family to feed
That bill collector ain't gon' hear financial difficulties
Proceed to cutting out the lights and turning off all the heat
Let's face the facts
Let's face the facts
Let's face the facts

Said I been feeling oh so low sometimes
(So low)
I been feeling oh so low sometimes
(So low)
I been feeling oh so high sometimes
(So high)
I been feeling oh so high sometimes
(So high)

I'm trying to deal with my own issues
This ain't no bigger picture
Looking at life different
Control with this power steering
I speak and I hope they listen
My all in the same position
One hundred percent efficient
I'm wishing for brighter days
I only get dark times
A writer like Langston Hughes
Society's in my views
Recording these lonesome tools
Expose and use all my blues
The darkest of darkest hues
Marcus Garvey, my God, and spirit, my story
You gotta hear it, my story

You gotta hear it
I said my story, you gotta hear it

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