Make some time for myself Clear my mind for my health Write these rhymes, do they help? Hell nah Get away from the stress It's okay boy you blessed I've been pressed about my future, feeling lost I can't tell a single soul about these thoughts that I think I'm alone in this world feeling like it's only me Isolated from the light, in the dark where I been Think I lost it again Think I lost it again I compartmentalize the pain But I can't seem to find my way I just been going through the motions every motherfucking day Nigga when that pressure start to build, Lord knows I know the way that feel Shit'll get real Making irrational decisions I hope your wound'll heal, yeah I compare myself to others Naive as a motherfucker Depressed inside a struggle When you feel like no one loves you Tryna manage my pain Everyday but it's hard to maintain Feeling like I'm insane No umbrella in the rain (it's a test) Boy you blessed This moderation don't do nothing in excess You can't judge when you at off of others' success I know you're tired and you're stressed But just try to get some rest, yes Make some time for myself Clear my mind for my health Write these rhymes, do they help? Hell nah Get away from the stress It's okay boy you blessed I've been pressed about my future, feeling lost I can't tell a single soul about these thoughts that I think I'm alone in this world feeling like it's only me Isolated from the light, in the dark where I been Think I lost it again Think I lost it again All this greatness without the struggle Patience without the hustle Failure without successes Sinning without the blessings I can understand the duality, I see it now Everything ain't always gonna go the way you plan, nah You gotta maintain and hold on Find steady ground to stand on Develop more faith to lean on

I know you can't see that right now I know that it's hopeless and all Feeling like your spirits diminished Feeling like you mentally finished
Feeling like your light is the dimmest
But it's not
What you got? What you finna do about it?
Who am I? Who am I?
I'm a fucking nobody
Hard to breathe
Hard to think
When your mind is always cloudy
Hard to make a real decision when you're doubting

Make some time for myself
Clear my mind for my health
Write these rhymes, do they help? Hell nah
Get away from the stress
It's okay boy you blessed
I've been pressed about my future, feeling lost
I can't tell a single soul about these thoughts that I think
I'm alone in this world feeling like it's only me
Isolated from the light, in the dark where I been
Think I lost it again
Think I lost it again