If you were hurt like I was before Ladies, go turn up your radio 'Cause I'ma sing this one for all, yeah

See they complain about our attitude
Talk about the things we do
For me, it seems so obvious
(And I can make you comin', keep comin' back)

You're always so up and criticize
I got my flaws and yes I realize
I've become so hard to deal with
Because this cord around my heart is so tight

How many times? How many times? How many times? I caught you on the phone with her? How many times? How many times? Did I take you back and you broke my heart?

Oh, this song know how I feel You betrayed my love And the moral of the story is How many times? How many times?

Our sister, our sister Mary
She used to tell us about this in the 90's
I used to say that I'll never be, no, never never me
But it is 2011 and I feel I can't get any lower

Takin' out my anger
On any and everybody that comes around
I've become so hard to deal with
Because this cord around my heart is so tight

How many times? How many times? How many times? I caught you on the phone with her? How many times? How many times? Did I take you back and you broke my heart?

Oh, this song know how I feel You betrayed my love And the moral of the story is How many times? How many times? How

How many times must I cryin'?

(Oh, I'm so tired of cryin')

And how many times should my son see my tears

Wishin' away

How many of y'all going through the same thing?

I've become so hard to deal with Because this cord around my heart is so tight I'm so tired

How many times? How many times? How many times? I caught you on the phone with her?

How many times? How many times? How many times? Did I take you back and you broke my heart?

Oh, this song know how I feel You betrayed my love And the moral of the story is How many times? How many times?

How many times do I gotta get hurt To know it never ain't gon' get no better? How many times, ladies, have you been hurt And you know in your hear it won't get no better?

You, you
This one's for you
You, you
This one's for you