

Break Stuff

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It's just one of those days
When you don't wanna wake up
Everything is fucked
Everybody sucks
You don't really know why
But you wanna justify
Ripping someone's head off
No human contact
And if you interact
Your life is on contract
Your best bet is to stay away motherfucker
It's just one of those days

It's all about the he says she says bullshit, oh-whoa
Think you better quit letting shit slip
Or you'll be leaving with a fat lip
It's all about the he says she says bullshit, oh-whoa
Think you better quit talking that shit punk
So come and get it

Sometimes when I get out of bed
I feel like I go straight underwater
And I'm swimming
And I'm at the bottom of the ocean
And I'm looking up
And it's just black
And I'm thinking how will I get air
I'm tryna breathe but I don't know how

It's just one of those days
When you lie flat on the ground
Tryna scream but don't make a sound
Weeks moving so quick
Suddenly it's Christmas
(Does time even exist?)
No human contact
'Cause if you interact
Your life is on contract
Your best bet is to stay away motherfucker
It's just one of those days

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Think you better quit letting shit slip
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You expect your mind to be within your control but
It's like a wild animal
And it runs and it bites and it, it eats and it shits and
And you're just kinda sitting there watching

It's just one of those days
One of those days
It's just one those years, Goddamn
I wanna feel change

It's just one of those