Ayy mane
I've been fucked up 'bout some shit lately, bruh
Crazy

Mental trillness, I'm sufferin' from realness
All this money make you sick, I got an illness
Gettin' rich'll drive you crazy, that's that real shit
That shit left me in the dark, man, I'm still lit
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Still out here, mane
I got day to day problems like everybody else do, don't judge
Real shit, mane
Just 'cause I got money, mane
It don't mean I ain't got problems, my nigga

I've been diagnosed, that's why I gotta smoke
Got prescriptions from the doctor, got me blowin' zo
Ups and downs, trials and tribulations, no one knows
I be self medicatin' in somebody's ho
I brought a man into this world, somehow that touched my soul
A trippy nigga raisin' kids, ain't no fuckin' joke
I look into my daughter's eyes and I get horrified
'Cause if a nigga play with you, somebody gotta die
Opps fuckin' with my mental, I'm ready to slide
Either make it out the hood or try to survive
Everybody havin' issues, ain't nobody special
Live to see another day if the Lord let you

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Mental health is real, and so is bein' broke as hell
Either fix my trauma or take my ass back to jail
If I don't do it for myself, they gon' think a nigga failed
If I don't do it for my health, then nigga load the fuckin' scale
I can feel the world crushin' down on me
I lost my niggas to the pills, gotta smoke my weed
It take a lot for me to make it every week
Niggas dyin' every day, ain't no one prayin' for me
I got kids to feed, I got songs you need
I got stories in my book, somebody needs to read
My life in the pages, my life in these raps
One hand on this bag, one hand on this gat

Mental trillness, I'm sufferin' from realness How can any man say that he loves God Whom he cannot see And not love his brothers who he sees daily? You have value, you have worth, it is limitless, it is eternal There's nothing wrong with you morally for feeling hopeless and depressed There's nothing wrong with you in terms of weakness versus strength You're not weak

Feeling hopeless, feeling depressed are natural human feelings
It was through self love and taking care of myself physically, mentally
Putting down the alcohol, putting down the weed, putting down the nicotine
That led to me developing that relationship with my wife
Fentanyl is the most dangerous and the most deadly drug on the market right
now

Just two milligrams of Fentanyl, that's like two grains of sand, is enough to kill

We have seen Fentanyl deaths skyrocket over the last five years You can now dial 988 if you're experiencing a mental health crisis