You say I waste my life away
But I live it to the full
How would you know anyway
You're just mister dull
Why don't you get into the things we do today
You could lose twenty years right away
So we say

We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here
Every day you scream at me

To turn the music low
Well if you keep on screaming
You'll make me deaf you know.
You always chew me out, because I stay out late
Until your three-piece suit comes back in date
Get one thing straight

We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here

There's no communication
I'm tired of explanation
Is this message getting through
You went through the same thing too

Don't you remember what it's like to lose control Put on my jacket for you get too old Let's rock and roll

We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here
We don't need no
No no no
Parental guidance here

Oh no One life And I'm gonna live it up