Be Good to Yourself

Runnin' out of self-control Gettin' close to an overload Up against a no win situation Shoulder to shoulder, push and shove I'm hangin' up my boxin' gloves I'm ready for a long vacation

Be good to yourself when, nobody else will Oh be good to yourself You're walkin' a high wire, caught in a cross fire Oh be good to yourself

When you can't give no more They want it all but you gotta say no I'm turnin' off the noise that makes me crazy Lookin' back with no regrets To forgive is to forget I want a little piece of mind to turn to

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Be good to yourself when, nobody else will

Journey