Things That I'm Afraid Of

Josh Wilson

When I am shaking
And my heart's pounding
You always take me
Make me lay down in
Peaceful fields where
I can clear my head

'Cause I get so overcome with anxiety
Like there's an enemy living inside of me
Like a mocker yelling out telling lies to me
And I don't feel brave, but I don't have to be 'cause

I walked through the valley of shadows
And it scared me half to death
But You're with me everywhere I go
So I won't give up yet
My fears would surely kill me
If I didn't know the truth
The things that I'm afraid of
Are afraid of You

When my emotions
Turn against me
Not faith nor reason
Could convince me that
You have patience
Left to fight for me

When my depression is affecting every ounce of me I can get the medication and the counseling Still, I can hear the fear calling out to me And I don't feel brave, but I don't have to be 'cause

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You prepare a table for me Right in front of my worst enemies You're as calm and relaxed as can be

There's no place where my Demons can't find me, but Just wait 'til they see who's Standing behind me

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The things that I'm afraid of

Are afraid of You