

## Rest

Josh Wilson

The world spins in circles  
I can't slow it down  
My fears and my failures  
Are screaming so loud

Just under the noise  
There's a still, small voice, saying

Rest, rest  
Jesus is holding you  
Rest, rest  
There's nothing you have to do  
Just lay down your burdens  
God's got the world in His hands  
So take a deep breath  
And rest

Late in the evening  
When I just can't sleep  
God, help me hear You  
As You sing over me

Just under the noise  
With a still, small voice, saying

Rest, rest  
Jesus is holding you  
Rest, rest  
There's nothing you have to do  
Just lay down your burdens  
God's got the world in His hands  
So take a deep breath  
And rest  
Just rest

Still my soul  
You won't let me go  
Still my soul  
God, you don't let go

Rest, rest  
Jesus is holding you  
Rest, rest  
There's nothing you have to do  
Just lay down your burdens  
'Cause God's got the world in His hands  
So take a deep breath  
And rest  
Just rest