

Borrow (One Day at a Time)

Josh Wilson

One day, one day at a time, say
One day, one day at a time, say

Sometimes I feel just like I did in the 8th grade
All alone, insecure, and so very afraid
Seems like everybody else they got it figured out
While I'm stuck here, in another nervous breakdown
Life crashes like a panic attack
The fear of the future breaks me in half
I try so hard but it's a losing fight
I fake a smile in the day, and fall apart at night

I'm lying awake cause I just can't sleep
I toss and I turn but can't find no peace
I keep praying to God, He keeps telling me
Don't worry, don't worry

Don't borrow no trouble from tomorrow
You'll only double your sorrow
You'll only worry your mind
Don't borrow no trouble from tomorrow
If you're gonna learn to follow
You gotta take it
One day, one day at a time, say
One day, one day at a time, say
One day, one day at a time, say

I wanna learn to hold my life a little looser
Live in the moment instead of in the future
Let tomorrow worry about itself
And be here right now, trust all is well

Cause the flowers and birds they don't worry a bit
And a good God takes good care of them
And he loves you and me so much more than this
So don't worry, don't worry

Don't borrow no trouble from tomorrow
You'll only double your sorrow
You'll only worry your mind
Don't borrow no trouble from tomorrow
If you're gonna learn to follow
You gotta take it
One day, one day at a time, say
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To the weary moms and worn out dads
And the middle school kid who's always picked last
You gotta take it, you gotta take it
One day at a time

To the downcast and doubters and misfits like me
To the addicts who are fighting through recovery
You gotta take it, you gotta take it
One day at a time

To the struggling saints on the narrow road
When you're anxious, depressed and feeling alone
You gotta take it, you gotta take it
One day at a time

To all of God's children, let's never forget
We're forgiven and free, but we are not home yet
We gotta take it, we gotta take it
One day, one day, one day

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