

Screen Time

Josh Pyke

Screen time, screen time
Everyone loves screen time
But like a lot of good things, you need a little moderation
Screens down, free time
Let's have screen free time
Put the screen away, fire up your imagination

Turn on some music, have a dance
Give that new podcast a chance
Find a cosy little look
Listen to an audio book
Get some paper and a pen
Write a letter to a friend
Curl up in a warm sun beam
And wind up, just daydream (daydream)
Flow down the sweet stream (sweet stream)
Of imagination (imagination)
Have a little break from (have a little break)

Screen time, screen time
Everyone loves screen time
But like a lot of good things, you need a little moderation
Screens down, free time
Let's have screen free time
Put the screen away, fire up your imagination

Turn up the radio real loud
Look in silence at the clouds
Give some vegetables a peal
To help out with the evening meal
Go outside and catch the breeze
Do some paper origami
Curl up in a warm sun beam
And wind up, just daydream (daydream)
Flow down the sweet stream (sweet stream)
Of imagination (imagination)
Have a little break from (have a little break from)
Have a little break from (have a little break from)
Break from, break from (have a little break)

Screen time, screen time
Everyone loves screen time
But like a lot of good things, you need a little moderation
Screens down, free time
Let's have screen free time
Put the screen away, fire up your imagination
Put the screen away and fire up your imagination