

Brain Noise

Joseph Vincent

I just wanna say goodnight
But I cannot clear my mind
Blame it on the brain noise, oh-oh
I guess it's just the brain noise, oh-oh
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I try but I cannot sleep
It all just bothers me
I close my eyes but my head won't let me focus
I need to breathe slowly
Just calm the nerves, I don't know me
It's hard to recognize and realize
What's making me only
Think that there's somethin' that's lurkin'
That keeps me wake and alert
Negative thoughts go in circles
Is it that bad? Oh, I'm hurtin'
Maybe there's somethin' inside
Somethin' ain't right
Feelin' hollow but tomorrow I'll get up to the light

One love, one sound
That's all I really need
Oh, I need a one love, one sound
That's gonna set me free

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Oh-oh, oh-oh, oh-oh

Music's my novocaine
Keeps me from goin' insane
It's all just love, I fade away
Back to the corners of my mind
I cannot control it
I take it back, I look for it
This overthinkin' is torturous
I'm tellin' it straight and you already know
The answer is only what you're lookin' for
You cannot debate the compass is broke
And I'm just searchin' for
I said I'm constantly just searchin'
More hours, longer stay awake
To find what I been lookin' for

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Oh-oh-oh-oh-oh