

# High

Jorja Smith

I took my time  
Called up to say  
Out of the silence  
Don't think I ran away  
How has your day been?  
Tell me what's changed?  
Are you still searching?  
I think I'm doing the same thing  
It's been so long  
I wasn't there  
Don't want you to feel  
Like I didn't care  
I went to find myself  
I couldn't take you there, no, mm

'Cause where'd you run if you can't?  
I wanna grow but I don't wanna trip  
So what?  
So where'd you run if you can't?  
Just know one thing  
Is that you're gonna always be high (Be high)

Always be high (Be high)  
Always be high (Be high)

I've had my lows  
You weren't always there for me  
But time has shown  
That I can love myself again  
I always need my friends  
But I need to find one in myself (Myself, myself)

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Always be high  
Always be high (Be high)