

# What You're Made Of

Jonny Lang

There's a blessing in a lesson  
That we all must learn  
But we hardly recognize it  
When it comes our turn  
Don't you fight it, don't deny it  
Don't you try to run and hide  
It'll only make it worse  
It's gonna hurt but don't you cry

'Cause when you get knocked down  
That's when you find out what you're made of  
Can't stay on the ground  
You know you gotta get back up  
For one more round

What are you afraid of  
(What are you afraid of)  
What are you afraid of  
(What are you afraid of)  
Time to find out what you're made of  
Gotta find out what you're made of

Big and breezy, living easy  
But what you don't know  
Round the corner there's another  
Trying to steal your soul  
Maybe you didn't choose it but the truth is  
There's a battle for your life  
If you win or lose it's up to you  
Just know there's gonna be a fight

When you get knocked down  
That's when you find out what you're made of  
Can't stay on the ground  
You know you gotta get back up  
For one more round

What are you afraid of  
(What are you afraid of)  
What are you afraid of  
(What are you afraid of)  
Time to find out what you're made of  
Yeah, find out what you're made of child  
Find out what you're made of, woo-ooh

So high when you were up above  
Had it all but it was not enough  
You said I'll never be the one  
On the ground looking up  
And then down goes the champion  
But just before the count of ten  
He rises up to his again  
Stronger than ever

When you get knocked down  
You find out what you're made of  
Can't stay on the ground

You gotta get back up  
You gotta get back up, baby  
Find out what you got  
You never know what you got  
Waiting down inside  
Till you, till you sob a little  
Till you cry a little  
Until you get back up, yeah  
We'll find out what you're made of  
Everybody waiting on ya to find out  
You gotta find out what you're made of