

Breathe

Jonny Diaz

Alarm clock screaming bare feet hit the floor
It's off to the races everybody out the door
I'm feeling like I'm falling behind, it's a crazy life
Ninety miles an hour going fast as I can
Trying to push a little harder trying to get the upper hand
So much to do in so little time, it's a crazy life
It's ready, set, go it's another wild day
When the stress is on the rise in my heart I feel you say just

Breathe, just breathe
Come and rest at my feet
And be, just be
Chaos calls but all you really need
Is to just breathe

Third cup of joe just to get me through the day
Want to make the most of time but I feel it slip away
I wonder if there's something more to this crazy life
I'm busy, busy, busy, and it's no surprise to see
That I only have time for me, me, me
There's gotta be something more to this crazy life
I'm hanging on tight to another wild day
When it starts to fall apart in my heart I hear you say just

Breathe, just breathe
Come and rest at my feet
And be, just be
Chaos calls but all you really need

Is to take it in fill your lungs
The peace of God that overcomes
Just breathe
So let your weary spirit rest
Lay down what's good and find what's best
Just breathe

Just breathe, just breathe
Come and rest at my feet
And be, just be
Chaos calls but all you really need
Is to just breathe
Just breathe