I'm holding on to things that I can't hide
My sadness sticks around because I can't cry
And every time try to empty all my thoughts I don't know what I
'll find

I met you on a sunny day, where darkness filled my mind and you washed it away

You held me up so I could fall, telling me do it all over again Ohhhhhh nice to meet you, I thank you now I'm feeling OK Ohhhhhhh nice to meet you, I'll have you for the rest of my day s

I'm tearing down ideas that I once had Reflecting on the life that I want bad It's hard at times to grow when the past is just below letting go to understand

I met you on a Sunny day, where darkness filled my mind and you washed it away

You held me up so I could fall telling me do it all over again Ohhhhhhh nice to meet you, I thank you now I'm feeling OK Ohhhhhhh nice to meet you, I'll have you for the rest of my day s

We've all been up and down I'm chasing who I am Searching for solid ground On top of Holy land

I met you on a Sunny day, I'm reeling but I'm feeling OK Ohhhhhhh nice to meet you, I'll have you for the rest of my day s

Ohhhhhh nice to meet you, I thank you now I'm feeling OK I met you on a Sunny day, where darkness filled my mind and you washed it away

You held me up so I could fall telling me do it all over again