

## The Category Stomp

John Hartford

Now you put your right foot on the left  
And you bring your left foot down  
With your hand in your pocket and your chin up high  
You turn about half way 'round  
Now don't do the double shuffle or the Jackson's drag  
Cause you might be a-dancin' in an un-hip bag

It's a folk-country-disco tech-soft-rock-contemporary-abstract-  
expressionism-word-movie-flower-power-hard-ragging-neo-bluegras  
s-stoned-billy-dirty-boogie-freak-down-coming-on-jellybean-  
psychedelic stomp

Now you spread your knees and dance on your toes  
And cross your finger on the end of your nose  
Then drag your elbows down on the floor  
And turn a somersault and then you do it once more  
And then back in the middle with a Do-si-do  
But a little more "si" and a little less "do"  
Down on your belly with your knees up tight  
And you roll out the door until you plumb out of sight

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