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I want everybody to put your dancin' shoes on
I want you to clap your hands right here
I just want you to join in, and help me to sing a little bit
The music in my bones, and I can't sit down
Come on y'all, come on and
(Music in my bones, and I can't sit down)
Yeah, sing it one more time, if you don't mind
(Music in my bones, and I can't sit down)
Oh, I'm trying so hard to make it to my seat
(Music in my bones, and I can't sit down) ooh yeah
But my body's shaking all over, and I'm groovin' with the beat now
(Music in my bones, and I can't sit down) yes I am
I feel good, I really feel good, baby
I like the groove, and I like the blues
I like music, that puts me in a mood
Oh, excuse me while I do my thing, y'all
Come on and... ooh yeah
(Music in my bones, and I can't sit down)
If you think you can outdo me, just step into the ring now
(Music in my bones, and I can't sit down) ooh yeah
Come on, come on and do it, oh yeah
The baddest thing, come on and get on the line
Get set, and let's go; come on and, come on and do it
Come on and, ohh... I'm really feeling good tonight, yes I am
I like the groove, and I like the blues
I like music, that puts me in a mood
Oh, it's so good, I'm just movin' up and down, y'all
(Music in my bones, and I can't sit down) ooh yeah
I'm having such a good time, I can't even sit down
(Music in my bones, and I can't sit down) but that's alright
(Music in my bones, and I can't sit down) ooh yeah
Just let me do my thing y'all, come on
(Music in my bones, and I can't sit down)
Come on and leave me alone
(Music in my bones, and I can't sit down)
Don't put your hand on me, just let me
(Music in my bones, and I can't sit down)
Do my thing - come on, Joe Simon, ha-ha!
(Music in my bones, and I can't sit down)
Come on boy, ohh...
(Music in my bones, and I can't sit down)
I gotta tell you something, you're lookin' good tonight, ah
(Music in my bones, and I can't sit down)
Oh, lookit here: I know y'all wondering about, ha ha
(Music in my bones, and I can't sit down)
I know you're wondering what I'm gonna say right here
(Music in my bones, and I can't sit down)
Oh yeah, you see dear sister, uh
(Music in my bones, and I can't sit down)
Dear Ms. and Mr. Jones, y'all
(Music in my bones, and I can't sit down)
Doing their own thing tonight
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You see, something about a cat
(Music in my bones, and I can't sit down)
When he got the wrong woman
(Music in my bones, and I can't sit down) ooh yeah
He's sure movin', y'all [?]
(Music in my bones, and I can't sit down)
In other words, he moved cool
(Music in my bones, and I can't sit down)
If you know what I'm talkin' about
But I don't wanna put it on you
(Music in my bones, and I can't sit down)
And all I kinda, you sing, y'all... oh no
(Music in my bones, and I can't sit down)

You see, the music, ooh yeah (Music in my bones, and I can't sit down) This music is good to me, oh yes it is (Music in my bones, and I can't sit down) It make me wanna do wrong sometimes (Music in my bones, and I can't sit down) Oh yes, it does (Music in my bones, and I can't sit down) You see, music... (Music in my bones, and I can't sit down) Make you wanna do right sometimes, yes (Music in my bones, and I can't sit down) But let me tell you what I'm gonna do (Music in my bones, and I can't sit down) I'm gonna lay it down over this town (Music in my bones, and I can't sit down) I'm gonna start out doing the hustle (Music in my bones, and I can't sit down) I'm gonna move around (Music in my bones, and I can't sit down) The reason I'm gonna move around, uh! (Music in my bones, and I can't sit down) Is music won't let me sit down (Music in my bones, and I can't sit down)

You see, the music, ooh yeah
(Music in my bones, and I can't sit down)
This music is good to me, oh yes it is
(Music in my bones, and I can't sit down)
It make me wanna do wrong sometimes
(Music in my bones, and I can't sit down)
Oh yes, it does
(Music in my bones, and I can't sit down)
You see, music...
(Music in my bones, and I can't sit down)

(Music in my bones, and I can't sit down) (Music in my bones, and I can't sit down)

(Music in my bones, and I can't sit down)
Make you wanna do right sometimes, yes
(Music in my bones, and I can't sit down)
But let me tell you what I'm gonna do
(Music in my bones, and I can't sit down)
I'm gonna dance...