I never thought I could get caught
But you slipped in on my blind side
I let down my guard, now I'm fallin' hard
Gettin' lost in those deep blue eyes
I'm standing here, when I know oughta run
But, my shakin' knees tell me the damage has been done

My heart's in over my head
And I'm feelin' like it's out of my hands
I've never been to this depth
Ain't no need to fight it, cause I know I'm sinking fast
My heart's in over my head

Girl, I'm confused, will you excuse me
If I seem to lose my head
With each tender kiss, I see what I've missed
I just might let you love me to death
I know we've gone past the point of no return
I don't understand it, but I think that I have learned

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And I'm feelin' like it's out of my hands
I've never been to this depth
Ain't no need to fight it, cause I know I'm sinking fast
My heart's in over my head

My heart's in over my head
And I'm feelin' like it's out of my hands
I've never been to this depth
Ain't no need to fight it, cause I know I'm sinking fast
My heart's in over my head

Yeah, my heart's in over my head