Mic check, mic check One two, one two New Joe Budden!

Uhh
Please somebody help my soul (4x)
Talk to 'em (talk to 'em)

I let the man have a talk with the beast in me I'm holdin' onto my last bit of decency I need a vacay, a change of scenery But mama said wherever I'mma go, I'm taking me with me I told her s**t is on my mind and it's been eatin' me She got me pissin' in a cup, she don't believe in me It's not the drugs that got me out of my zone Goin' days without eatin', in a crowd I feel alone, mama Then she ask why it seems I never sleep at night I told her when I close my eyes my brain just keeps the fight She say my friends wanna have an intervention with me I speak to n^{***} s daily that was never mentioned to me She told me there's a higher power and a lower power And that I'll die if I don't find the strength to overpower Then I replied, "well aren't we all"? She said "yeah, but that should be on God's terms, not yours"

My every thought is scary
And it makes it hard to breathe again
Like I'm blinded while I'm starin' in the mirror
Askin' God to help me see again, please help me
But He tells me I'm only human
And that I'll be on my feet again, please help me
But they act like I'm more than human
I prove that I'm wrong again
Don't fault me I'm only human

Tryin' to weather the storm I thought that black cloud was gone It's been beside me all along, not the song I wanna sit in silence, don't speak for a minute Tired of being strong, please let me be weak for a minute Kinda thought that my disease tried to kill your man first It was easy to get my hands on 30 milligram Percs, worse Can't be depression, couldn't have it this long So many secrets I only told through a glass of Patron, my n^{***a} Speakin' of secrets, that's when I got the Kaylintext Read it and cried, couldn't believe what she was sayin' next She said "you're goin' through a lot I'm hopin' you ain't in the grave and dead Cause not too many people know your brains a mess" Who knew that she was keepin' track of it all? I wrote back "lol" but wasn't laughin' at all I ain't tell her just the other day that that gun was in my lap Pen and pad as in my hand, and I was writin' a note Didn't get far, as soon as I wrote down "mom" I just stopped Couldn't lie to her, couldn't figure out how to say bye to her Couldn't explain the "why" to her Couldn't picture her gettin' a call or somebody sayin' her son had died to h And shortly after that my pastor called
Which at first I kinda thought it was weird
But that convo preserved me, 'bout God's grace and mercy
He ain't even say goodbye, he said "let us pray"
And then he went into a prayer, gripped the phone, closed my eyes
Just so happy he appeared n***a shed another tear
Maybe he could sense that somethin' had Just thankful he shed some light upo
n my darkest hour
All my thoughts are corrupt, this s**t is whack
If everybody calls you a duck, will you just quack?
Guess a part of me really gives a f**k, way in the back
When I had that burner ready to bust, I didn't clap
Joe

Guess I'm insanity's definition Tryin' to step over in sanity's repetition But I can't it got me trippin' Whatever love we had was dead that night Lookin' back, we both needed cooler heads that night Was goin' off no sleep, eyes red that night While you was drunk textin' me, I hope I read that right You was beefin' 'bout Giselle, beefin' bout Alexa Suddenly you was jealous, musta thought that I had sexed her I was laughin', thought it was funny Giselle's my homie, Alexa's twenty With hip withdrawals Nothin' 'bout your story shoulda been stickin' at all I wouldn't bicker at all I'm guessin' you were insecure and never knew me Was there for four months, yet you said this was a new me In your head, guess the answer to this jealousy Was to turn around and try to make me jealous, B But the part that you neglect Was never mind jealousy, this was 'bout respect Y'all Instagrammin' pictures, tryin' to get me upset You turned it into a night we both would never forget We both said some things we both probably regret You was lyin' to my face and them dots didn't connect, but cool Only picked you up to try and talk sense into you Now I'm $fu^{**}n'$ homeboy up, just off the principle I guess he caught him self antagonizin' me But he's a young $n^{***}a$, that's no surprisin' me $S^{**}t$ I done $f^{****}d$ some of the baddest hoes I left shorty weeks ago, you can have this ho I guess the part where I lose Is now they got my face plastered all over the news, I'm being falsely accus And I don't understand, was this all part of a plan? I guess I'll tell the whole truth when on the stand How you go and tell the cops I had guns in my house? Now they got a search warrant, just to come to my house Question: were your feelings worth takin' my tomorrow's, kid? And you know Jersey gun laws, I'm talkin' hollow tips So you can tell them n****s you roll with whatever you want But you and I know what's goin' on N***a that whole night just replays in my mind Your face is fine, this is a big waste of time Let's get back to that jealousy Now you got a n***a facin' three felonies

All for what, cause we were no longer dealin'

Check, you never see me act like a jerk

You attack me, but I'm the villain, over a fu***n' iPhone and feelings

I know women would provoke you and get mad when it works
Rather reserved and that always makes matters the worst
As I go on about my business and not act like it hurts, but wait
So now the whole world is watchin' me get burned here
Which is fine, there's a lesson to be learned here
Which is only f**k with strippers and the bartenders
Anytime there's a pole in the bar centered
So even though it's from afar now
I still wish you the best, I know your heart's tender
I'm sorry all, I just got my own scars to tend to
Signin' off, truly yours, with love, God's son

(2x)